

SKIER PROGRESS CARD

Name _____

Instructor _____

Date _____ Color _____

Program _____ Group _____

We believe Progress Cards are the connection between the member, instructor, and parent(s) to easily share on-hill experiences and growth. Progress Cards also provide a roadmap for next skills and terrain to create safe skiers and riders on the slopes. If no box is checked in a row, the skill was not introduced.



INTRODUCED



IN PROGRESS



MASTERED

Strengths			
Follow instructor's directions	☐	☐	☐
Knows and follows Your Responsibility Code	☐	☐	☐
Great attitude	☐	☐	☐
Shows skier etiquette	☐	☐	☐
Team player	☐	☐	☐

Terrain & Lifts			
Green	☐	☐	☐
Blue	☐	☐	☐
Black	☐	☐	☐
Terrain park	☐	☐	☐
Rope tow	☐	☐	☐
J-bar	☐	☐	☐
Chairlift	☐	☐	☐

Skills			
Puts on gear and equipment independently	☐	☐	☐
Athletic stance	☐	☐	☐
Controls speed by turning	☐	☐	☐
Stops in control	☐	☐	☐
Gets up after a fall independently	☐	☐	☐
Side slips/hockey stops	☐	☐	☐
Pole touch	☐	☐	☐
Wedge turns	☐	☐	☐
Skidded turns (parallel at end of turn)	☐	☐	☐
Skidded turns (parallel at middle of turn)	☐	☐	☐
Skidded turns (parallel through entire turn)	☐	☐	☐
Carved parallel turns	☐	☐	☐
Dynamic carved turns of various sizes	☐	☐	☐

Additional Comments:



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763-559-3343